



Ludlow Junior School

Autumn Menu

Monday

WEEK ONE

03/09/26

21/09/26

12/10/26

Beef Meatball Pasta in a Tomato Sauce & Carrots
Vegetable Korma, Rice & Carrots (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Carrots (V)(VG)
Cheese or Ham Baguette

Mousse(V)



PIZZA DAY

Pepperoni Pizza, Wedges & Sweetcorn
Cheese & Tomato Pizza, Wedges & Sweetcorn (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Cheese or Ham Baguette

Tuesday

Shortbread Biscuit (V)

Chicken Burrito's, Mexican Rice & Broccoli
Quorn Pasta Bolognaise & Broccoli (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Broccoli (V)(VG)
Cheese or Ham Baguette

Chocolate Cake(V)



ROAST DINNER DAY

Roast Chicken, Roast Potatoes, Yorkshire pudding &
Mixed Vegetables
Vegetable Crumble, Roast Potatoes & Mixed
Vegetables (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Mixed Vegetables (V)(VG)
Cheese or Ham Baguette

Wednesday

Fruity Flapjack (V)

Beef Burgers, Chips & Peas
Vegetable Fingers, Chips & Peas (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Peas (V)(VG)
Cheese or Ham Baguette

Fruit Salad or Ice Cream (V)(GF)

Thursday

Friday

WEEK TWO

07/09/26

28/09/26

19/10/26

Pork Sausages, Mash Potato & Green Beans
Quorn Sausages, Mash Potato & Green Beans (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Green Beans (V)(VG)
Cheese or Ham Baguette

Chocolate Chip Cookie (V)



PIZZA DAY

Pepperoni Pizza, Wedges & Sweetcorn
Cheese & Tomato Pizza, Wedges & Sweetcorn (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Cheese or Ham Baguette

Fruit Jelly (V)(VG)(GF)

Beef Chilli Taco's, Rice & Carrots
Cheese & Onion Quiche, New Potatoes & Carrots (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Carrots (V)(VG)
Cheese or Ham Baguette

Jam Sponge (V)



ROAST DINNER DAY

Roast Gammon, Roast Potatoes, Yorkshire Pudding
& Mixed Vegetables
Cauliflower Cheese loaded Yorkshire pudding,
Roast Potatoes & Mixed Vegetables (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Mixed Vegetables (V)(VG)
Cheese or Ham Baguette

Iced Sponge (V)

Fishfingers, Chips & Peas
Vegetable Burger, Chips & Peas (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Peas (V)(VG)
Cheese or Ham Baguette

Fruit Salad or Ice Cream (V)(GF)

WEEK THREE

14/09/26

05/10/26

Creamy Tuna Pasta Bake, Garlic Bread & Broccoli
Vegan Sausage Rolls, Herby Potatoes & Broccoli (V)
(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Broccoli (V)(VG)
Cheese or Ham Baguette

Mousse (V)



PIZZA DAY

Pepperoni Pizza, Wedges & Sweetcorn
Cheese & Tomato Pizza, wedges & sweetcorn (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Cheese or Ham Baguette

Apple Crumble & Ice Cream (V)

Tonkatsu Pork & Rice (Breaded Pork with Katsu
Sauce) & Green Beans
Macaroni Cheese, Garlic Bread & Green Beans (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Green Beans (V)(VG)
Cheese or Ham Baguette

Oatmeal & Raisin Cookie (V)



ROAST DINNER DAY

Roast Chicken, Roast Potatoes, Yorkshire pudding &
Mixed Vegetables
Quorn Fillet, Yorkshire pudding, Roast Potatoes &
Mixed Vegetables (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Mixed Vegetables (V)(VG)
Cheese or Ham Baguette

Marble Cake (V)



ALL DAY BREAKFAST

All Day Breakfast
Vegetarian All Day Breakfast (V)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Cheese or Ham Baguette

Fruit Salad or Ice Cream (V)(GF)

For allergen information please
see the charts on our school website or for any further
queries please contact the school office.

AVAILABLE DAILY: - Bread - Salad Bar - Water
ALTERNATIVE DESSERT OPTIONS: - Fresh Fruit - Yoghurt

V=Vegetarian - VG = Vegan - GF = Gluten free