



Ludlow Junior School

Autumn Menu - Dairy Free

Monday

Tuesday

Wednesday

Thursday

Friday

WEEK ONE

03/09/26

21/09/26

12/10/26

Beef Meatball Pasta in a Tomato Sauce & Carrots

Jacket Potato with a choice of filling (V)(GF)

Tomato Pasta & Carrots (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)



PIZZA DAY

Pepperoni Pizza, Wedges & Sweetcorn
Cheese & Tomato Pizza, Wedges & Sweetcorn (V)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Sweetcorn (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)

Chicken Burritos, Mexican Rice & Broccoli
Quorn Pasta Bolognese (V)

Jacket Potato with a choice of filling (V)(GF)

Tomato Pasta & Broccoli (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)



ROAST DINNER DAY

Roast Chicken, Roast Potatoes, Mixed Vegetables &
Gravy

Quorn Fillet, Roast Potatoes, Mixed Vegetables &
Gravy (V)(VG)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Mixed Vegetables (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)

Beef Burger, Chips & Peas
Vegetable Fingers, Chips & Peas (V)(VG)
Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Peas (V)(VG)

Vegan Cheese or Ham Baguette

Fresh Fruit Salad or Dairy Free Ice Cream (V)(VG)
(GF)

WEEK TWO

07/09/26

28/09/26

19/10/26

Pork Sausages, Mash Potato & Green Beans
Vegan Sausages, Mash Potato & Green Beans (V)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Green Beans (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)



PIZZA DAY

Pepperoni Pizza, Wedges & Sweetcorn
Cheese & Tomato Pizza, Wedges & Sweetcorn (V)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Sweetcorn (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)

Beef Chilli Taco's, Rice & Carrots

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Carrots (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)



ROAST DINNER DAY

Roast Gammon, Roast Potatoes, Mixed Vegetables &
Gravy

Quorn Fillet, Roast Potatoes, Mixed Vegetables &
Gravy (V)(VG)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Mixed Vegetables (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)

Fishfingers, Chips & Peas
Vegetable Burger, Chips & Peas (V)(VG)
Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Peas (V)(VG)

Vegan Cheese or Ham Baguette

Fresh Fruit Salad or Dairy Free Ice Cream (V)(VG)
(GF)

WEEK THREE

14/09/26

05/10/26

Vegan Sausage Roll, Herby Potatoes & Broccoli (V)
(VG)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Broccoli (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)



PIZZA DAY

Pepperoni Pizza, Wedges & Sweetcorn
Cheese & Tomato Pizza, wedges & sweetcorn (V)

Jacket Potato with a choice of filling (V)(GF)

Pasta Bar - Freshly cooked tomato pasta (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)

Tonkatsu Pork, Rice & Green Beans (Breaded Pork
with Katsu curry sauce)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Green Beans (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)



ROAST DINNER DAY

Roast Chicken, Roast Potatoes, Mixed Vegetables &
Gravy

Quorn Fillet, Roast Potatoes, Mixed Vegetables &
Gravy (V)(VG)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Mixed Vegetables (V)(VG)

Vegan Cheese or Ham Baguette

Sweet Treat (V)



ALL DAY BREAKFAST

All Day Breakfast

Vegetarian all Day Breakfast (V)

Jacket Potato with a choice of filling (V)(GF)

Tomato pasta & Sweetcorn (V)(VG)

Vegan Cheese or Ham Baguette

Fresh Fruit Salad or Dairy Free Ice Cream (V)(VG)
(GF)

For allergen information please
see the charts on our school website or for any further
queries please contact the school office.

AVAILABLE DAILY: - Bread - Salad Bar - Water

ALTERNATIVE DESSERT OPTIONS: - Fresh Fruit - Yoghurt

V=Vegetarian - VG = Vegan - GF = Gluten free