



Ludlow Junior School

Autumn Menu - Vegan

Monday

WEEK ONE

03/09/26

21/09/26

12/10/26

Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Carrots (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)



PIZZA DAY

Vegan Cheese & Tomato Pizza, Wedges &
Sweetcorn (V)(VG)
Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)

Quorn Pasta Bolognese & Broccoli (V)(VG)
Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Broccoli (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)



ROAST DINNER DAY

Quorn Fillet with gravy, Roast Potatoes & Mixed
Vegetables (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Mixed Vegetables (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)

Vegetable Fingers, Chips & Peas (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Mixed Vegetables (V)(VG)
Vegan Cheese Baguette

Fresh Fruit Salad or Dairy Free Ice Cream (V)(VG)
(GF)

Thursday

Friday

WEEK TWO

07/09/26

28/09/26

19/10/26

Vegan Sausages, Mash Potato & Green Beans (V)
(VG)

Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Green Beans (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)



PIZZA DAY

Vegan Cheese & Tomato Pizza, Wedges &
Sweetcorn (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)

Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Carrots (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)



ROAST DINNER DAY

Quorn Fillet with gravy, Roast Potatoes & Mixed
Vegetables (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Pasta Bar - Freshly cooked tomato pasta (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)

Vegetable Burger, Chips & Peas (V)(VG)
Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Peas (V)(VG)
Vegan Cheese Baguette

Fresh Fruit Salad or Dairy Free Ice Cream (V)(VG)
(GF)

WEEK THREE

14/09/26

05/10/26

Vegan Sausage Roll, Herby Potatoes & Broccoli (V)
(VG)

Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Broccoli (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)



PIZZA DAY

Vegan Cheese & Tomato Pizza, wedges &
sweetcorn (V)(VG)
Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)

Jacket Potato with a choice of filling (V)(VG)(GF)
Tomato pasta & Green Beans (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)



ROAST DINNER DAY

Quorn Fillet with gravy, Roast Potatoes & Mixed
Vegetables (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Mixed Vegetables (V)(VG)
Vegan Cheese Baguette (V)(VG)

Sweet Treat (V)(VG)



ALL DAY BREAKFAST

Vegetarian All Day Breakfast (V)(VG)
Jacket Potato with a choice of filling (V)(GF)
Tomato pasta & Sweetcorn (V)(VG)
Vegan Cheese Baguette (V)(VG)

Fresh Fruit Salad or Dairy Free Ice Cream (V)(VG)
(GF)

V=Vegetarian - VG = Vegan - GF = Gluten free * - May contain milk

For allergen information please
see the charts on our school website or for any further
queries please contact the school office.

AVAILABLE DAILY: - Bread - Salad Bar - Water
ALTERNATIVE DESSERT OPTIONS: - Fresh Fruit - Yoghurt