



Ludlow Junior School

Weekly Notices



WELCOME BACK

A very warm welcome back to all our Junior School families. We hope you have had a wonderful summer break and enjoyed some quality time together. We are delighted to see everyone back and are looking forward to an exciting and successful new school year.

A particularly warm welcome to all our new Year 3 families who are joining our Junior School community for the first time. We hope you and your children have settled in well. We are very much looking forward to getting to know you and sharing the year ahead with you.

For our new families, this weekly newsletter is an important way of keeping you up to date with everything happening around school. Each week, we will share information about upcoming school events, activities and important dates, as well as opportunities and events taking place outside of school and within our local community. We hope it will be a useful resource for helping you stay informed and involved in all that is going on.

Here's to a fantastic new school year — we look forward to working together and making it a happy, memorable and successful one for everyone.



P.E DAYS

Monday - Avon, Trent, Coast, Ocean, All Year 6

Tuesday - Badger, Wolf, Ocean, Coast, Desert, Forest, Paris, Canberra

Wednesday - Hamble, Stour, All Year 4, Forest, Desert

Thursday - All year 3, Panda, Koala, Madrid, Tokyo

Friday - Thames, Hawk, Mountain, Cairo

2026/2027 TERM DATES & INSET DAYS

1st September - 23rd October 2026
2nd November - 18th December 2026
4th January - 12th February 2027
22nd February - 25th March 2027
12th April - 28th May 2027
7th June - 21st July 2027

INSET days for 2026/2027:
Monday 2nd November 2026
Friday 11th December 2026
Friday 12th February 2027
Friday 25th June 2027





Ludlow Junior School

Weekly Notices

IMPORTANT DATES

- 15th September - School Immunisations .
- 30th September - Year 4 Multiplication Parent Talk
- 30th September - 2nd October - Manor Adventure Residential - Year 6
- 1st October - Year 2 Open Morning & Evening
- 1st October - National Poetry Day
- 8th October - School Photos
- 12th October - Parents Evening
- 15th October - Parents Evening
- 14th October - Year 5 Winchester Science Museum Visit
- 15th October - Year 4 Roman Experience Day

YEAR 6 SECONDARY SCHOOL APPLICATIONS

The application process is now open for children starting secondary school in September 2027. Full details about how to apply can be found on the Southampton City Council website.

A list on parentmail of school open events was sent separately.

Apologies Cantell school was listed incorrectly and their open evening is on the 30th September - 5.30pm - 8.00pm

PLEASE REMEMBER TO NAME UNIFORM AND BELONGINGS

Every term, we end up with a large amount of lost property at school, including jumpers, coats, water bottles, lunch boxes and other items.

To help us return these items to their owners, we kindly ask that all uniform and belongings are clearly named. This makes it much easier for staff to reunite lost items with pupils.

Weather permitting, we will endeavour to regularly put lost property out on the playground at the end of the school day for parents and pupils to check. We also encourage you to remind your child to visit the lost property area if they are missing anything.

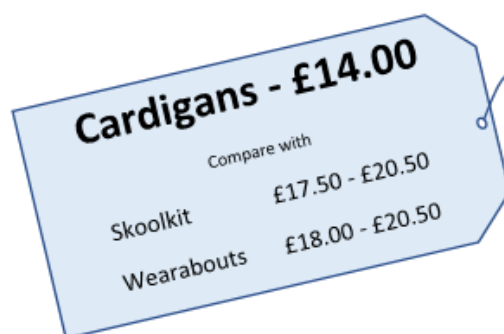
Please note that any unclaimed items may be donated at the end of the term.

Thank you for your continued support.

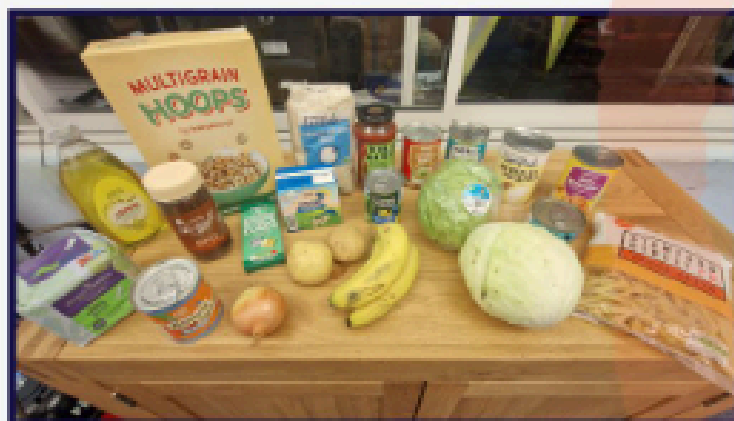


Uniform Shop

Branded Uniform Can be purchased from our Online Shop on Parentmail. Uniform will be available to collect the following morning from our reception on Peveril Road
Purchases can be made from reception by card. Uniform purchased during school closure periods will be available to collect on the first day back at school



**FOR A £5 DONATION YOU
CHOOSE ITEMS WORTH £20+**



WEDNESDAYS 2:30PM - 5PM
VERACITY PAVILION MERRYOAK ROAD
SO19 7QR

Find full details on our website www.oasiseastsouthampton.org
Contact: Email - oasishubeastsoton@oasisuk.org



Bitterne Park School

Respect • Believe • Achieve

SAVE THE DATE

2026

OPEN EVENING

THURSDAY 17TH SEPTEMBER

16:30 - 19:00



THE GREGG

Year 6
Activities
Morning

Saturday 26th September
8.45am - 12.20pm

Year 6 children are warmly invited to a fun-filled morning of activities, where they can meet our teachers, make new friends, and explore The Gregg School grounds.

Choose from a range of activities when you book.



Book online

thegreggschool.org/open-events



Woodlands

Open Evening

Wednesday 23rd September 6pm-8pm
Headteacher's presentations at 6:15pm & 7:00pm



YEAR 5 & 6

OPEN EVENING

Oasis
Academy
Sholing

TUESDAY 22ND SEPTEMBER | 5PM - 7PM

Join us for guided tours and a presentation by the Academy Principal at 6pm.



Open Mornings will be held on Tuesday 29th September from 9:00 - 10:00am and Wednesday 30th September from 12:00 - 1:00pm. Please email info@oasissholing.org or call 023 8044 8861 to request a place on a tour.



STRIVING FOR EXCELLENCE



Next Week at Re:Minds

14th – 18th September

Book ahead

10am · Thursday 16th September

CAMHS Advice Clinic

A private 10-minute virtual appointment with a CAMHS clinician about any issue covered by the service. Open to all Re:Minds members seeking general advice.

Book your slot: info@reminds.org.uk

Book ahead

10am · Monday 14th September

CAMHS ADHD Advice Clinic

A private 10-minute virtual appointment to speak with a clinician about support for your child's mental health including where ADHD may be contributing to their needs.

Book your slot: info@reminds.org.uk

Book ahead

From 12.30pm · Tuesday 15th September

SEND Legal Advice Clinic

A private 30-minute virtual appointment to discuss advice on EHCPs, school issues, appeals and tribunals, provision and placement concerns, and your legal rights.

Book your slot: info@reminds.org.uk

Drop in

10am–12pm · Monday 14th September

Northam Support Group

A safe, welcoming space to connect with other parents and carers who share similar experiences. Held at Northam Community Centre, Kent Street, Northam, Southampton

No booking needed – just drop in

Drop in

Millbrook Support Group 10am–12pm · Friday 18th September

A safe, welcoming space to connect with other parents and carers who share similar experiences. Held at All Saints Church, Sedbergh Road, Redbridge

No booking needed – just drop in

Please check our Facebook events page for any changes, or visit our website to find out more information about our advice clinics and support groups.

 reminds.org.uk

 [/groups/reminds](https://www.facebook.com/groups/reminds)

 info@reminds.org.uk

With thanks to


Hampshire and Isle of Wight


Child and Adolescent Mental Health Services


Shenton's
Solicitors

FREE ONLINE **SEMINARS** FOR PARENTS / CARERS No need to book a place! Joining details on each flyer


**Southampton
Family Trust**
 building relationships


 Does your child have ADHD or ADHD traits?

FREE ONLINE SEMINAR
"An Introduction to Parenting Children with ADHD"
 Insights and strategies for families

Thursday 8th October 2026, 7.30 - 9.00 pm

No booking required!
 Simply join the seminar by scanning the QR code or use the Zoom details below.

Meeting ID: 890 8579 5122
 Passcode: 482249

If you prefer, feel free to email us at info@sfttrust.org.uk for the Zoom link.



 Scan the QR code for the Zoom link.

 www.sfttrust.org.uk


**Southampton
Family Trust**
 building relationships


 Does your child have or might have autism?

FREE ONLINE SEMINAR
"An Introduction to Parenting Children with Autism"
 Insights and strategies for families

Thursday 22nd October 2026, 7.30 - 9.00 pm

No booking required!
 Simply join the seminar by scanning the QR code or use the Zoom details below.

Meeting ID: 837 3366 5621
 Passcode: 560704

If you prefer, feel free to email us at info@sfttrust.org.uk for the Zoom link.



 Scan the QR code for the Zoom link.

 www.sfttrust.org.uk


**Southampton
Family Trust**
 building relationships


 Does it sometimes feel like everything is a battle with your child or teen?

FREE ONLINE SEMINAR
Understanding Demand Avoidance in Neurodivergent Children (diagnosed or suspected)
 Insights and strategies for families

Thursday 12th November 2026, 7.30 - 9.00 pm

No booking required!
 Simply join the seminar by scanning the QR code or use the Zoom details below.

Meeting ID: 837 2731 9710
 Passcode: 701137

If you prefer, feel free to email us at info@sfttrust.org.uk for the Zoom link.



 Scan the QR code for the Zoom link.

 www.sfttrust.org.uk


**Southampton
Family Trust**
 building relationships


 Is your child masking at school and crashing at home?

FREE ONLINE SEMINAR
"Understanding Masking and Burnout in Neurodivergent Children"
 Insights and strategies for families

Thursday 26th November 2026, 7.30 - 9.00 pm

No booking required!
 Simply join the seminar by scanning the QR code or use the Zoom details below.

Meeting ID: 864 1384 1446
 Passcode: 303703

If you prefer, feel free to email us at info@sfttrust.org.uk for the Zoom link.



 Scan the QR code for the Zoom link.

 www.sfttrust.org.uk

Southampton
Family Trust
building relationships



Does your child struggle to attend school? Join us for an informative session exploring why school avoidance arises and learn some tips to help.

FREE ONLINE SEMINAR
"Emotionally Based School Avoidance"
Insights and strategies for families

Thursday 10th December 2026, 7.30 - 9.00 pm

No booking required!
Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 841 8378 9494
Passcode: 403772

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom link.

www.sfrust.org.uk



Scan the QR code for the Zoom link

FREE ONLINE COURSES FOR PARENTS / CARERS

Book a place by emailing: info@sfrust.org.uk

Southampton
Family Trust
building relationships

Parenting Children with Autism

Do you have a 3-11 years old child with autism or autism traits?

Join our free course on Zoom for parents and carers in Hampshire

From 30th September to 25th November 2026
9.30 - 11.30 am, on Wednesdays

FREE online course
8 weeks, term-time only



Book by emailing:
info@sfrust.org.uk

Understand more about autism and learn about:

- Understanding your child and their behaviour
- Sleep, eating, toileting and ARFID
- Anxiety, sensory needs and demand avoidance
- Meltdowns, shutdowns and aggression
- Positive parenting and stronger relationships
- School, masking, burnout and family life

www.sfrust.org.uk info@sfrust.org.uk

Southampton
Family Trust
building relationships

Parenting Children with ADHD

Do you have a 3-11 years old child with ADHD or ADHD traits?

Join our free course on Zoom for parents and carers in Hampshire

From 30th September to 25th November 2026
7:00 - 9:00 pm, on Wednesdays

FREE online course
8 weeks, term-time only



Book by emailing:
info@sfrust.org.uk

Understand more about ADHD and learn about:

- Understanding your child and building connection
- ADHD brain chemistry, rejection sensitivity, self-esteem and emotional regulation
- Sensory needs, anxiety, demand avoidance and the body-behaviour link
- Meltdowns, shutdowns, aggression and keeping everyone safe
- School, masking, burnout and supporting your child beyond the classroom
- Masking, burnout, family life and sustainable parenting

www.sfrust.org.uk info@sfrust.org.uk

FREE ONLINE **COURSE** FOR COUPLES

Book a place by emailing: info@sftrust.org.uk

Building Relationships

FREE 6 week online course for couples

On Wednesdays, 7.30 - 9.00 pm

14th, 21st, 28th Oct; 18th, 25th Nov and 2nd Dec 2026

Covering topics such as Improving Communication,
Managing Conflict and Feeling Closer to Each Other

The sessions:

- are on Zoom - attend in your own home
- are friendly and relaxed - no need to speak in the group
- need to be attended by **both of you together**

PRIVACY: each online session uses Zoom "focus" mode - which means you can't see the other couples and they can't see you. Any discussions between you and your partner will take place in private breakout rooms. Couples are not required to talk in the group.

Email us at info@sftrust.org.uk
to book a place



Southampton Parent Carer Forum

Review and Updates

September 2026

We hope you and your family have had an enjoyable summer and managed to make some happy memories along the way. We also know that the summer holidays aren't easy for every family. Changes in routine, reduced support and the pressure of keeping everyone occupied can make the six weeks particularly challenging. And for some children and young people, returning to school can feel even harder.

As we head into a new school year, we want to remind you that Southampton Parent Carer Forum is here for you. Whether you need information, someone to listen, or simply the chance to chat with other parent carers who understand, please do reach out. Our first session of the new term is next week, and we'd love to see you.

Here's to a new term – and to continuing to make sure parent carers' voices are heard across Southampton.

Key Updates

- You can now text or Whats App the forum on 07354 940 838
- Parent Portal is now live for EHCP applications
- Direct Payment policy consultation is being launched next week
- Short breaks statement consultation is being launched next week
- School travel service policy consultations (including post 16 policy) is being launched later this month

Activity in the Spotlight - Parent Portal

We're pleased to announce that families can now use the Citizen Portal to send in a request for Education Health and Care Needs Assessment. The portal is a service which hopefully you will already be familiar with as it is used to make applications for school places amongst other council services.

https://ems.southampton.gov.uk/CitizenPortal_LIVE/en

See next page for more information.

Key Dates - More info on the following page

Thursday 1st October
and
Wednesday 14th October

Consultation events - Transport and Social Care staff will be attending to share the new transport policies, direct payment policy and short break statement

6th November, 10-12

Celebrating 10 years of the forum. More information to come.

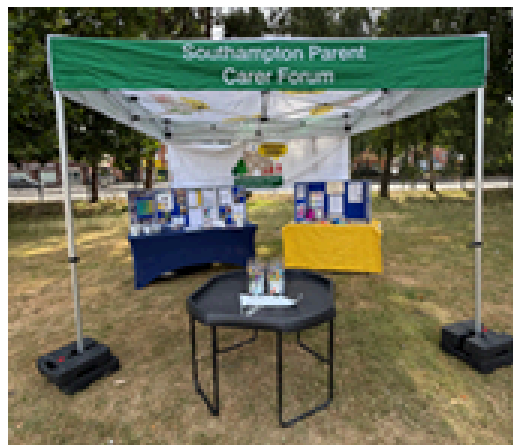
Scan the QR code for the link to our facebook page for the most up to date info.



Continued ...

July Play Day at Hoglands

We had a fantastic day at Hoglands Park Play Day over the summer, speaking with a wide range of families from across Southampton about SEND and the work of the Forum. A huge thank you to everyone who came over to say hello, have a chat and share their experiences with us – it was lovely to meet so many of you!



Parent Portal for EHCP applications Continued

The portal provides a secure and convenient way for families to submit an application for Education, Health and Care Needs Assessment and upload any supporting information online. You can save your application and come back to it at any time.

The SEND teams long-term vision is for the Citizen Portal to become a single gateway for a wide range of SEN services, giving families greater visibility and control over their child's SEN journey. Watch this space as we continue to develop and expand the services available through the portal in the months ahead.

If you have any questions about accessing the portal, please contact the SEN Duty Line on 02380 833013 and a member of the team will be happy to help.

JOIN US AS A PARENT REP

Your experience. Your voice. Their future.

Help shape services, support families and make Southampton a better place for children and young people with SEND.



Parent Reps are at the heart of our Forum.

You'll work with other parent carers to raise the profile of the Forum, support other families and help influence the services and support that children and young people with SEND need and deserve.



RAISE THE PROFILE OF THE FORUM

Help us spread the word about the Forum and the support we offer.

Together, we can build a stronger, more visible voice for parent carers in Southampton.



SUPPORT PARENTS

Be a listening ear, offer guidance and share information with other families navigating SEND services.

No professional experience needed - just a caring heart.



INFLUENCE CHANGE

Represent the views of parent carers and help influence local decisions, policies and services that impact our children and young people.

Your voice matters.



TRAINING AND SUPPORT

We'll provide training and ongoing support to help you feel confident and equipped in your role - from understanding SEND to speaking up and influencing change.



REMUNERATIONS AVAILABLE

We recognise and value your time and contribution. Remunerations are available for your role and involvement with the Forum.

WE'VE GOT YOU COVERED!



EXPENSES COVERED

Travel, parking and other reasonable expenses are covered so you're not out of pocket.



FLEXIBLE & FAMILY FRIENDLY

We work around school runs, caring responsibilities and busy lives.



BE PART OF A SUPPORTIVE TEAM

You'll be joining a welcoming team of parent carers who understand and have your back.

Interested? We'd love to hear from you!



Email us at chair@votompcf.org.uk
Message us on Facebook

Your experience.
Your voice.
Their future.

Whats On ...

FREE ENTRY



Date	Event Info	Time	Location
Tuesday 8 th September	SEND get together with a range of professionals (1:1 slots available too)	10-12	High Point, Bursledon Rd, Thornhill, SO19 8BR
Thursday 17 th September	Hearing your voice - Short breaks allocation tool	10-12	Freemantle and Shirley Community Centre, Randolph Street, SO15 3HE
Friday 18 th September	Workshop - Understanding behaviour delivered by ND team	10-12	Harbour Lights, Southampton SO14 3TL
Monday 21 st September	Workshop - Communication with Danielle (SALT with ND team)	10-12	Harbour Lights, Southampton SO14 3TL
Tuesday 22 nd September	SEND get together - Sharing experiences and Wellbeing focus	10-12	Blackberry Family Hub, Byron Road, Thornhill, Southampton, SO19 6FH
Thursday 1 st October	Consultation event - Transport and Social Care staff will be attending to share the new transport policies, direct payment policy and short break statement	10-12	Freemantle and Shirley Community Centre, Randolph Street, SO15 3HE
Wednesday 7 th October	SEND get together with a range of professionals (1:1 slots available too)	10-12	Lordshill Community Centre, Cromarty Rd, Lordshill, Southampton SO16 8LX
Tuesday 13 th October	Workshop - EBSA delivered by ND team	10-12	Harbour Lights, Southampton SO14 3TL
Wednesday 14 th October	Consultation event - Transport and Social Care staff will be attending to share the new transport policies, direct payment policy and short break statement	10-12	High Point, Bursledon Rd, Thornhill, SO19 8BR
Tuesday 20 th October	SEND get together - Sharing experiences and Wellbeing focus	10-12	Honeysuckle Family Hub, Honeysuckle Rd, Southampton SO16 3BZ

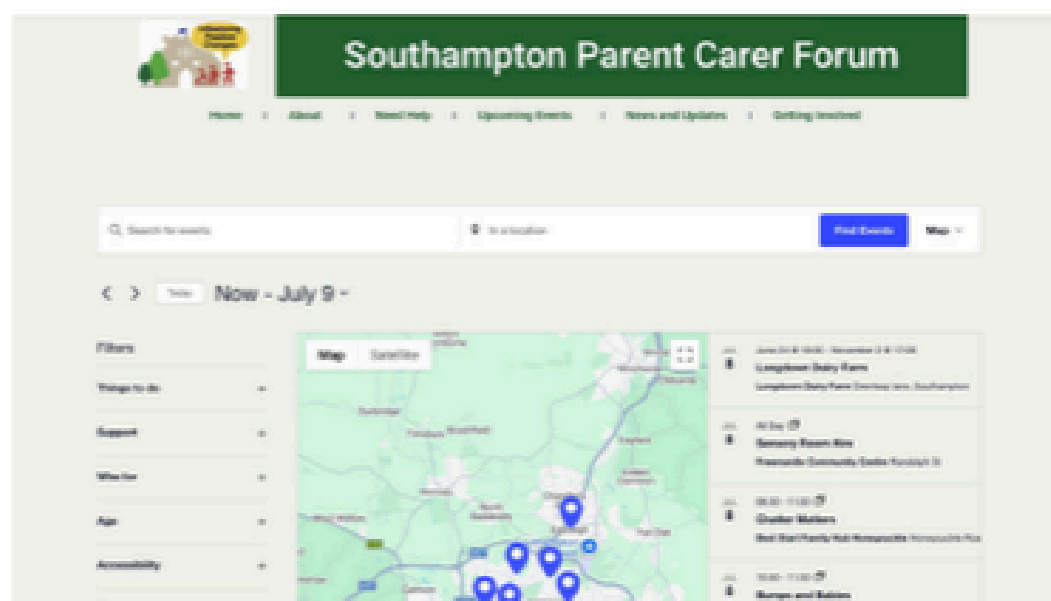
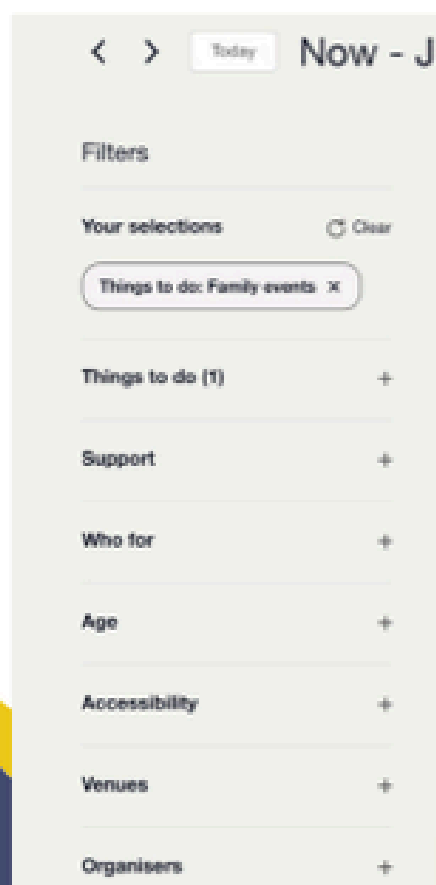
Whats On Locally ...



New Activities Map
Our new interactive Activities Map is now live on our website! It's designed to help families find activities, events, support and services taking place throughout the year.

Visit the Upcoming Events page to explore what's available or submit an event for us to include.

Our easy-to-use filters help you find the activities that are right for your family. Search by age, SEND need, activity type, location, date and accessibility to quickly narrow down the options.



This map is just the beginning. Over the coming months, we hope to continue growing it by adding even more activities, support groups, services and information for children, young people, parent carers and families across Southampton. To make it as useful as possible, we need your help.

If you know about a local activity, event or support service that would benefit other families, please submit it using the form on our website or email the details to us. Together, we can build a comprehensive resource that helps families discover the fantastic opportunities and support available throughout the year.